

Area Committee East – Appendix 3

Area Cluster Feedback, Health

Area Committee: ACE: Dales,
Mapperley & St Ann's

Area Committee Chair: Councillor Leslie
Ayoola

Date 2016 / 2017

How can we support citizens to access services which will help them to have a healthy lifestyle?

Gayle Aughton, Public Health carried out the Adult Healthy Lifestyles Service Review. The Service looks at tackling adult lifestyle risk factors such as; Type 2 diabetes, hypertension, CVD, COPD.

Updated stats/info required on a Ward basis (regularly).

What are the barriers/gaps?

Refusal by GP surgeries to carry out health checks.
? NCC to carry out health checks through a third party.
Good presentation rates when invited.

Referrals to smoking cessation – how effective?

Referrals to weight management – how effective? Less than half are identified from priority groups. Not reaching the groups who need it. Mixed sessions – need more women only sessions. Consider cultural food types.

How much promotion relies on written material? Need to be mindful of poor reading standards/languages/ uninteresting

What enablers can help overcome these barriers?

Where do you find out about the services? Handouts, leaflets. Information not linked up with communities or other services.

How can we make services more attractive to hard to reach groups

More culturally specific promotion of services.
Face to face information giving.
Build relationships with the community.

Use more non-literature communications – radio or Notts TV

Service delivery need to be relative to cultural locations

Tendering process should stipulate that all communities are worked with not just the worried well.

Refer through Job Centre?

What works well in your area